

## Updates for the week of September 20th, 2004

### Tools

- The CHID website is a joint effort of the National Institutes of Health (NIH) and the Health Resources and Services Administration (HRSA). This database provides easy access to health information, including more than 101,000 health-related materials that have appeared in magazines, journals, newspapers, brochures, book chapters, and videotapes. Please visit: <http://chid.nih.gov/>
- The Centers for Disease Control and Prevention produces a weekly report in the Morbidity and Mortality section of their Website. This weeks information has an informative article on the National Occupational Mortality Respiratory System which contains data about asthma obtained annually since 1968; including the latest information on the West Nile Virus (WNV). View the report here: [steps/publications/mmwr\\_weekly.pdf](http://steps/publications/mmwr_weekly.pdf), or visit the MMWR page here: [www.cdc.gov/mmwr/](http://www.cdc.gov/mmwr/).
- View the article from California which has some great ideas of strategies that can be used to work together with schools on making changes in the area of nutrition. [www.connectforkids.org/resources](http://www.connectforkids.org/resources)
- View an AP wire article reporting on a study that demonstrates the relationship between increased physical activity and decreased obesity in young girls that are overweight here: [steps/publications/obesity\\_in\\_girls.pdf](http://steps/publications/obesity_in_girls.pdf)
- Do you know someone who wants to get fit for fall? There is a great new program available online available in English or Spanish. Visit: [steps/publications/fit\\_for\\_fall.pdf](http://steps/publications/fit_for_fall.pdf)
- Find out what you can do in your own community to "Blow the Whistle on Asthma". View the following document for more information. [steps/publications/fight\\_asthma.pdf](http://steps/publications/fight_asthma.pdf)
- **VERB™** is a national, multicultural, social marketing campaign coordinated by the U.S. Department of Health and Human Services' Centers for Disease Control and Prevention. They recently published an update that provides good Latino media resources and other Physical Activity news. View the publication here: [steps/publications/verb\\_update.pdf](http://steps/publications/verb_update.pdf)
- The CDC provided a recent report on Sustaining State Tobacco Control programs. To access this information, visit: [www.cdc.gov/tobacco/sustainingstates/SustainingFunding.htm](http://www.cdc.gov/tobacco/sustainingstates/SustainingFunding.htm)

### Training

- **REMINDER!** On September 28th, from 9:30AM to 11:30AM, there will be an asthma class offered in Seattle through the Children's Hospital for parents or other caretakers of children with asthma. For contact and registration information, [click here](#).
- There is a free upcoming parent involvement event featuring Karen Mapp. The website with the flyer and all the detailed information may be viewed here: [www.wastatepta.org/mapp.htm](http://www.wastatepta.org/mapp.htm) Parents are especially encouraged to attend. The above page contains a flyer and RSVP / box lunch instructions. Please register (RSVP) on line if you are able to attend.

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## Conferences

- View David Evan's PowerPoint presentation offered at the September 21st CDC asthma teleconference here: [David Evans PowerPoint Presentation](#)
- **REMINDER!** Environmental Influences on the Induction and Incidence of Asthma Workshop is scheduled for October 18-19, 2004 at Research Triangle Park, North Carolina. For more information visit: [www.epa.gov/nheerl/asthma\\_workshop/](http://www.epa.gov/nheerl/asthma_workshop/).
- **REMINDER!** The Washington State Food and Nutrition Council is holding their annual conference in Seattle on September 24, 2004. This year's theme is: "Communities Rising Against Obesity: Washington Leading the Way." You may view the conference registration and membership information here: [WSFNC2004ConfPkt.pdf](#)

## Information/Updates

- **REMINDER!** The next community conference call will be Wednesday, September 22nd at 11AM.
- **REMINDER!** September is National 5aDay month. For a valuable resource list of all the organizations taking part or sponsoring local events, [click here](#).
- **REMINDER!** Walk to School Week is coming up on October 6th. Visit [www.iwalktoschool.org/award](http://www.iwalktoschool.org/award) for some great examples of ideas other groups have had for coordinating the event.

- Action for Healthy Kids and State Team leaders are excited to release the results of their plan develop stakeholder-sensitive criteria for evaluating school-based initiatives for improving nutrition and physical activity. View the complete document here: [steps/publications/state\\_team\\_member\\_newsletter\\_enews.pdf](#)